

Women's U.S. Foot Sizing Chart

1. Print this page (**uncheck** "Fit to Page" in printer settings).
2. Place a credit card in the green box to verify size.
3. Fold bottom left corner along the dotted Heel Line.
4. Place paper on the floor with dotted line flushed to the wall.
5. Place your back, shoulders, gluteus, and both heels against the wall with your heel in front of the Heel Line fold.



Helpful Tips:

- Wear socks when measuring.
- Stand tall with your weight distributed equally to both feet.
- Do not measure your feet while seated.
- Try two or three times for a more accurate reading.
- Measure both feet.
- Measure your feet at the end of the day.

Important!

Place a credit card in this box to make sure your print-out is the correct size.

If it is not the correct size, check your printer settings to make sure the "Fit to Page" box is **NOT** checked.

Heel Line